



## Town of Orange, Connecticut

### Health Department – Environmental Division

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Dear residents of Town of Orange:

As you all are aware, we are in the midst of Coronavirus Pandemic also known as COVID-19. This virus is highly contagious and has taken several lives throughout the world and is now actively spreading all across the state and our community.

- There is currently **NO vaccine** to prevent coronavirus disease 2019 (COVID-19).
- The virus is thought to spread mainly from **person-to-person**.
- **The best way to prevent illness is to avoid being exposed to this virus.**

It has come to my attention that one of the town's resident was recently tested positive with COVID-19 and is currently hospitalized. Therefore, it is very important that we all take some precautionary measures to avoid further spread of this infection.

Remember, only YOU can protect yourself, YOUR loved ones, and YOUR community.

#### **Take steps to protect yourself**

- **Do NOT socialize** (avoid all types of social gatherings)
- **Avoid** any unnecessary traveling or shopping (do online shopping)
- **Wash** your hands frequently often with soap and water for at least 20 seconds especially after blowing your nose, coughing, or sneezing
- **Avoid** touching your eyes, nose, and mouth
- **Avoid** close contact with people who are sick. This is especially important for people who are at higher risk of getting very sick.

#### **Take steps to protect your neighbors**

- **Stay home** if you are feeling sick except to get medical care.
- **Cover** coughs and sneezes
- **Throw** used tissues in the trash.
- Regularly **wash your hands** with soap and water for at least 20 seconds.
- **Clean AND disinfect** frequently touched surfaces daily.

Please remember, your health, safety, and wellbeing is important to all of us!

Truly,

Dr. Amir Mohammad  
Director of Health, Town of Orange